

Sports Physical

INFORMATION TO KNOW BEFORE YOU ARRIVE

- **Why offer physicals?** Sports physicals are best performed by the student-athlete's primary care physician (PCP). However, station based physical exams administered by athletic trainers and fellowship-trained sports medicine team physicians provide an appropriate and complete alternative to physicals that would be provided by an urgent care or other convenience based pharmacy/outpatient treatment setting. This sports physical (as well as ALL physician interaction during school coverage) is not meant to replace regular or as needed visits to your PCP. Physicals and on-site school or event coverage by an athletic trainer and/or physician are simply an adjunct intervention in an area of specialty.
- **Who can attend these physicals?** These sports physicals are open to students of any middle schools, high schools or school districts that partner with OhioHealth. These exams are meant for athletes with relatively *"clean"* medical histories and are used to screen for and detect medical or physical conditions that may put the student athlete at risk for future problems. **Any athlete who is currently under the care of their PCP for a medical condition/injury/illness or those with previously diagnosed medical conditions/injuries/illnesses, especially cardiac conditions that might preclude or limit participation in sports, are advised to get your medical exam from your PCP.**
- **Can I go to any of the dates listed?** Yes.
- **How long will the exam take?** Once all paperwork is completed athletes will start in the same order they signed in upon arrival. We will do our best to move through as quickly as possible but understand that the physicians want to make sure each athlete gets all their needs addressed completely and thoroughly. Most often the longest wait times are for those parents/athletes who show up prior to physicals starting. We will not be able to begin before the published starting time.
- **Will I be charged for this exam?** OhioHealth is offering these services at no charge to the affiliated schools. Individual schools and/or districts may charge a fee; however, all proceeds will go back to the respective school and/or district. All physicians that are working these physicals are volunteering their time.
- **Can I go with my child through the exam?** Parents are ***ENCOURAGED*** to go to all the stations with their son/daughter as well as be in the room during the physician exam. If a parent or guardian is NOT present ***ALL pages of the approved physical form need to be fully completed, signed and dated in order for your athlete to receive a physical.***
- **What should I bring?** Prior to receiving a physical, the consent to treat and HIPAA authorization (typically pages 5-6 of the OHSAA physical packet) must be FULLY COMPLETED including SIGNATURES, DOB, DATED, school contact info, and grade. Per OHSAA rules, without a fully completed form, the athlete is ineligible to participate.
- **Our school is using PrivIT, Final Forms or something else, what do I need to bring?** OHSAA has partnered with PrivIT to provide an electronic PPE which is **NOT** mandatory to use, but has been recommended. Please check with your school's Athletic Director to see what physical form the school is requiring of their athletes. If the school is using an electronic form, **the health history, demographic, consent to treat and HIPAA pages must be printed out prior to arrival and brought for the physician to sign.**

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(614) 566.GAME (4263)
1(844) 360.GAME
OhioHealth.com/SportsMedicine
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Sports Physical Schedule

MAY – JUNE 2019

OhioHealth Pickerington Medical Campus

Thursday, May 16, 2019
1010 Refugee Road
Pickerington, Ohio 43147

OhioHealth Dublin Sports Medicine Center

Tuesday, May 21, 2019
6955 Hospital Drive
Dublin, Ohio 43016

OhioHealth Westerville Medical Campus

Thursday, May 23, 2019
300 Polaris Parkway
Westerville, Ohio 43082

OhioHealth Hilliard Health Center

Tuesday, May 28, 2019
4343 All Seasons Drive
Hilliard, Ohio 43026

OhioHealth Marion Medical Campus

Monday, June 3, 2019
1040 Delaware Avenue, Door 7
Marion, Ohio 43302

OhioHealth Grove City Health Center

Tuesday, June 4, 2019
2030 Stringtown Road
Grove City, Ohio 43123

Arrival Times

Central Ohio Sites:

Check-in starts at 5:30 PM
Last Check-in 7:00 PM

Marion Site Only:

Check-in starts at 6:00 PM
Last Check-in 8:00 PM

- Please be mindful that all facilities will be operating with normal patient care services prior to physicals.
- In some cases normal patient operations such as emergency and urgent care services will continue during and after sports physicals.
- Due to staff and volunteer scheduling we will not be able to start earlier than the published starting time.

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Please **FULLY COMPLETE** physical paperwork *ahead of time* and bring **ALL** pages of the approved form **SIGNED** and **DATED** in order for your athlete to receive a physical.